

PREPAREDNESS/SURVIVAL CLASS

BUILDING YOUR PREPARED INCONVENIENCE KIT (P.I.K.) FOR A PERSONAL SHTF

Most of us preppers and survivalists are prepared for something big happening like a natural or manmade disaster or some other emergency scenario. We have our Bug Out Bags, Get Home Bags and other assorted large emergency kits. But what happens when you don't have those things. You know that sometimes it is just plain inconvenient to lug around a large backpack full of supplies. So we are going to talk about being prepared when that is the last thing on your mind, you have no preparedness supplies with you and you have to deal with a "personal SHTF."

I'm sure we've all been in a situation where you were asked to make a quick run to the store for milk and bread or a sack of ice for a party. You grab your keys and wallet and head out the door, and that's okay if you're in your vehicle where you normally keep a Get Home Bag or Emergency Kit. But what happens when it is someone else's vehicle and there are no emergency items, then what do you do? Let's say a friend drops by and says let's go grab something to eat and you jump in their car and take off without giving any thought to something bad happening. Or you might have the incident that happened to the Sensible Prepper's teenage son show in his video (*see note below). His son was in a friend's car on the way to his house to spend the night. A car pulled out in front of them and there was in a horrendous accident. Fortunately, everyone walked away from that personal SHTF incident with just bumps and bruises. But it could have been much worse. So that is what inspired the Sensible Prepper to develop his own **Prepared Inconvenience Kit** (P.I.K. for short) so that anyone in his family can grab it and take it with them. It's small enough to put in a glove compartment, a center console or under a seat in a vehicle. It has the basics to get you home safely or maybe to the hospital to save your life. So following the advice of Sensible Prepper here is what I came up for my **P.I.K.:**

Let's start out with a small organizer type pouch (it could be from Maxpedition, Roaring Fire, Condor, etc.) that is convenient to carry. Next, we will fill it with a few well thought-out supplies that we might need for a personal SHTF incident.

Whistle

Emergency blanket

Knife or small multi-tool

15-20' Paracord

Bic lighter

Fire tinder

Water pouch

Water filter straw (Aquamira Frontier Pro)

Small first aid kit

Trauma items to stop bleeding (2" x 3" pads, compressed gauze, tape & hemostatic agent)

CAT Tourniquet

One day's worth of personal meds

Sharpie pen & paper for notes

Names & phone numbers of people to contact in an emergency

Medical patch affixed to outside of pouch

Put your own P.I.K. together to meet the needs of you and your family. Be careful not to overload your kit by making it too big or too heavy so that it doesn't get used. Keep it to a minimal size so that it is easy enough to carry even for a small child. Keep prepping, keep training and stay safe out there.

***Note:** To see the video mentioned above go to the Sensible Prepper YouTube channel and watch the episode entitled "Be Prepared Inconvenience Kit." Greer Preparedness Reports – April 2021